

**Your shoes are  
destroying your feet.**



**It's time for a new pair.**

Your feet take over 4,000 steps each day. The shoes you wear can have tremendous impact on the health of your toes, feet, ankles, knees, and lower back.

Many painful conditions are the result of the damage done by wearing unsupportive shoes, including high heels, work boots, and old tennis shoes.

Breakthrough Podiatry will get you out of pain fast and provide you with shoes that fight your condition head-on.

Ask Dr. Williams today!



**Breakthrough  
Podiatry**