



Breakthrough Podiatry

A revolution in foot care

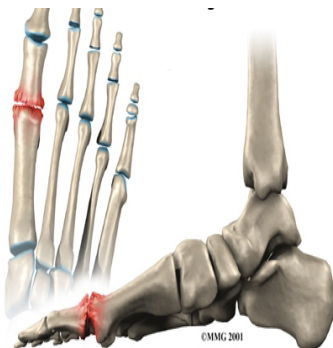
Newsletter May 2007

Golfing Gains! Stuart, a 55 year old male patient and golf fanatic, presented to Breakthrough Podiatry complaining that he was having problems with his game. He was having pain in his big toe joint after a few holes and he had noticed that there was a bump forming on top of this area. Stuart stated, "This bump is painful and is affecting my follow thru and ability to walk 18 holes. I will not let my buddies beat me! Help me keep my form!"

Stuart's pain is caused by a bunion deformity called Hallux Limitus. Hallux Limitus starts out as a functional limitation of great toe extension motion. Over time it can create an arthritic deformity and cause spurring on top of the big toe joint. These spurs can be very painful in all shoes, and as a golfer drives from the back leg, the motion needed at the big toe joint will cause pain and discomfort. Walking 18 holes over uneven terrain doesn't help the pain either.

Fortunately for Stuart, and other Breakthrough Podiatry patients, Dr. Williams was able to offer several novel treatment plans involving a technologically advanced creation of a custom foot orthotic and / or the total elimination of the painful spur with restoration of a pain free motion in that big toe joint. Dr. Williams was also able to offer Stuart revolutionary options involving golfing shoes and sandals!

Physicians and patients can combat chronic foot related conditions by being aware of the most common symptoms and then referring them to Breakthrough Podiatry, where patients will benefit from the latest ground-breaking treatment methods to obtain exceptional outcomes.



Great Toe Pain / Hallux Limitus

- 1) Pain and swelling with motion of the big toe joint**
- 2) Large spurring on top of the bunion joint**
- 3) Foot pain with walking and follow thru on the swing**

Innovative Treatment Options!

- 1) Technologically advanced custom foot orthotics**
- 2) Golfing shoes and sandals available for order**

Lead by Bruce Williams, Doctor of Podiatric Medicine, Breakthrough Podiatry challenges convention to deliver outstanding results, reduce failed podiatric therapies, and improve foot health. The majority of Breakthrough Podiatry patients overcome pain in 5 treatment visits or less.

www.Breakthroughpodiatry.com

**Dr. Bruce
Williams
specializes in**

**Great Toe
Golfing Pain**

**Specialty Golf
Custom Foot
Orthotics**

**Golfing Sandals
and Shoes**

**and other
podiatric
disorders.**

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