



# Breakthrough Podiatry

## A revolution in foot care

Newsletter December 2006

**Gait Analysis Attacks Chronic Back Pain Faster!** Steve, a 45 year-old postal worker presented to Breakthrough Podiatry complaining of foot pain and chronic low back pain. He states, "It is nearly impossible for me to complete my route without this nagging pain in my back and my right big toe joint. I don't want to quit working, please help me walk pain-free again!"

Steve's foot pain affected his gait, causing his chronic low back pain. Steve had tried many other orthodox treatments for his back pain, all without success because no one ever addressed the way his foot pain affected his walking. Fortunately for Steve, and many other Breakthrough Podiatry patients, he was set up for computerized gait analysis and was relieved from his chronic low back pain in four short weeks!

Gait-related chronic low back pain is often caused by an almost imperceptible limp in a patient's walking gait. By studying a patient's walking gait with slow-motion video and in-shoe pressure analysis, a custom foot orthotic can be created and fine-tuned to attack a patient's chronic back pain solely by addressing their foot function!

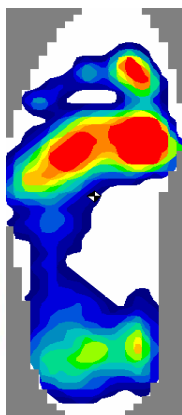
Physicians can combat gait-related chronic low back pain by being aware of the most common symptoms and then referring them to Breakthrough Podiatry, where patients will benefit from the latest ground-breaking treatment methods to obtain exceptional outcomes.

### Common symptoms include

- 1) Chronic non-specific low back pain for more than 3 months
- 2) Increased back pain with activity, often but not always associated with foot pain.

### Advanced Medical Technology:

- 1) Computerized In-shoe pressure analysis.
- 2) Computerized Digital Video gait analysis.



Lead by Bruce Williams, Doctor of Podiatric Medicine, Breakthrough Podiatry challenges convention to deliver outstanding results, reduce failed podiatric therapies, and improve foot health. The majority of Breakthrough Podiatry patients overcome pain in 5 treatment visits or less.

[www.Breakthroughpodiatry.com](http://www.Breakthroughpodiatry.com)

**Dr. Bruce Williams specializes in**

**Gait Related Chronic Low Back Pain**

**and other podiatric disorders.**

**Computerized Digital Video Analysis And In-shoe Pressure Gait Analysis**

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